

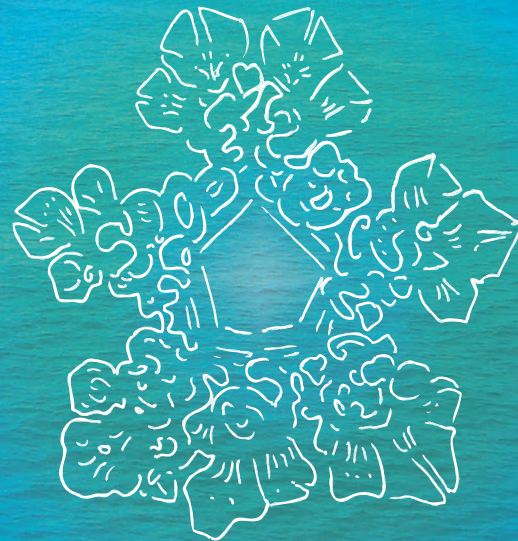
ocean of dreams

a meditation before falling asleep

Find a comfortable position, relax and enjoy the healing sounds. You may even fall asleep... before the end of the CD. This text may support your meditation:

1. Find your inner silence and listen to your breath.
Your angel is at your side. *(Northern lights)*
2. The stars of the night are greeting you.
Even when it's dark, you are never alone. *(Northern lights)*
3. You let go and find yourself diving into an ocean of wonderful dreams. *(Moon)*
4. Waves of peace are carrying you.
*(Sequences of monochords with tunes of the cosmic octave:
Jupiter, Platonic Year, Venus, Earth-Year, Saros Moon, Sun, Moon, Earth-Day)*
5. Your angel is protecting you, ...you feel safe, ...you fall asleep ...

ocean of dreams



Petra

ocean of dreams
a meditation before falling asleep

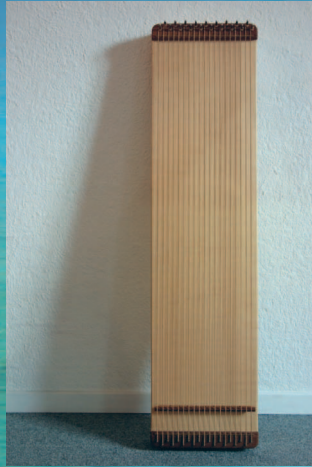
1. your angel 2.56
voice

2. light of the night 5.39
chimes, monochord, voice

3. ocean of dreams 10.19
oceandrum, monochord, voice

4. waves of peace 49.26
monochords, Tibetan cymbals

5. your angel 2.01
voice



Ozean der Träume
eine Meditation zum Einschlafen

Du liegst bequem. Die Musik wirkt heilend, auch wenn du einschläfst.

Folgende Worte unterstützen deine Meditation:

1. Komm' zur Ruhe und lausche deinem Atem.
Dein Engel ist an deiner Seite. (*Nordlicht*)
2. Die Sterne grüssen dich!
Auch in der Dunkelheit bist du niemals allein. (*Nordlicht*)
3. Lass los und tauch ein in den Ozean der Träume. (*Mond*)
4. Wellen des Friedens tragen dich. (*Sequenzen von Monochords
in verschiedenen Tonlagen der Kosmischen Oktave : Jupiter,
Platonisches Erdenjahr, Venus, Saros Mond, Sonne, syn. Mond,
Erdentag*)
5. Dein Engel behütet dich, du schläfst ein ...

As independent musicians with our own label we rely solely on the support of our listeners. Therefore we request all lovers of our music: Buy and give only original CD's! Thank you.



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1. your angel	02.56
2. light of the night	05.39
3. ocean of dreams	10.19
4. waves of peace	49.26
5. your angel	02.01
total time	70.26

Composed and performed by Petra:
Voice, monochords, Tibetan singing bowl and cymbals, chimes
with tunes of the cosmic octave (see booklet inside)

audio engineering and graphic layout:
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Cover:
Star of dreams: Petra Dobrovolny
Photos: Emilie Inniger Koch, CH-Bern
Graphic design: Petra Dobrovolny and Stefan Woodtli



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